

PSYCHOLOGY

Placement : First Year (B.BSc Nsg)

Theory 60 hours
(Class 50 + Lab 10 hrs)

Course Description: This course is designed to assist the students to acquire knowledge of fundamentals of psychology and develop an insight into behaviour of self and others. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

Specific Objectives: At the end of the course the students will be able to:

1. Understand the importance of psychology in personal and professional life.
2. Understands the biology of human behaviour.
3. Understands cognitive and affective processes of human mind.
4. Develops an understanding of self and others.
5. Understand the influence of personality of human behaviour.
6. Appreciates developmental psychology.
7. Understands the significance of mental hygiene and mental health.
8. Assist with psychological assessments and tests.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activity	Assessment Methods
I	4	<ul style="list-style-type: none"> • Describe the history, scope and methods of psychology 	Introduction: <ul style="list-style-type: none"> • History, development and origin of science of psychology • Definitions, scope, branches of psychology and relations with other subjects. • Various application of psychology in nursing practice including importance in human and interpersonal behavioral Methods of Psychology	<ul style="list-style-type: none"> • Lecture Discussion 	<ul style="list-style-type: none"> • Essay type • Short answers



P. Achandekar

SOCIOLOGY

Placement: Second Year (B.BSc Nsg)

Total Hours: 60

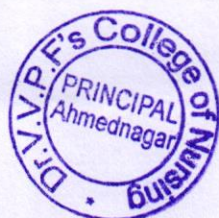
Course Description: This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

Course objectives: At the end of the course, the student will be able to:

1. Describe the structure and the dynamics of the society
2. Discuss the relationship of the individual to the society.
3. Understand the social problems and its influence on social changes and the factors contributing to it.
4. Describe sociological concepts applicable to nursing.
5. Determine role of sociology in nursing as related to social institution in India
6. Develop positive attitudes towards individual, family and community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
I	1	State the importance of sociology in Nursing	Introduction Definition of Sociology Nature and Scope of the discipline Importance and application of Sociology in Nursing	Lecture Discussion	Essay type Short answers
II	3	Describe the inter-relationship of individual in society and community	Individual & Society Society and Community Nature of Society Difference between society and community Process of socialization and individualization Personal disorganization	Lecture Discussion	Essay type Short answers
III	3	Describe the influence of culture and on health and disease	Culture Nature of culture Evolution of culture Diversity and uniformity of culture Culture and socialization Trans cultural society Influence on health and disease	Lecture Discussion Panel Discussion	Essay type Short answers

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
IV	4	Identify various social groups and their interactions	Social groups and Processes The meaning and classification of groups Primary & Secondary Group In-group V/s. Out-group, Class, Tribe, caste Economic, Political, Religious groups, Mob, Crowd, Public and Audience Interaction & social processes Co - operation, competition, conflict Accommodation, Assimilation & Isolation	Lecture Discussion	Essay type Short answers
V	6	Explain the growth of population in India and its impact on health	Population Society and population Population distribution in India Demographic characteristics Malthusian theory of populations Population explosion in India and its impact on health status Family welfare programmes	Lecture Discussion Community identification	Essay type Short answers Assessment of report on community identification
VI	5	Describe the institutions of family and marriage in India	Family and Marriage Family - functions Types - Joint, Nuclear, Blended and extended family: Characteristics The modern family - changes, problems - Dowry etc. Welfare services Changes & legislations on family and marriage in India - marriage acts Marriage: Forms and functions of marriage Marriage and family problems in India Family, marriage and their influence on health and health practices	Lecture Discussion Family case study	Essay type Short answers Assessment of family case study



IX	4	Explain the process of Social Change	Social Change Nature and process of Social Change Factors influencing Social change: cultural change, Cultural lag, culture and health (with special reference to women's health). Introduction to Theories of social change: Linear, Cyclical, Marxian, Functional, Sanskritisation and Modernisation. Role of nurse -Change agents	Lecture Discussion	Essay type Short answers
X	4	Describe the Social system and inter-relationship of social organizations	Social organization and social system Social organization: elements, types Democratic and authoritarian modes of participation, Voluntary associations Social system: Definition and Type of social system Role and Status as structural elements of social system with reference to women's role and status and its impact on family. Inter-relationship of institutions	Lecture Discussion Observation visits	Essay type Short answers Assessment of visit reports
XI	2	Explain the nature and process of social control	Social Control Nature and process of social control Political Legal, Religious, Educational Economic. Industrial and Technological system, Norms & Values- Folkways & Mores Customs, Laws and fashion Role of nurse	Lecture Discussion Community survey	Essay type Short answers Assessment of report on community survey
XII	15	Describe the role of the nurse in dealing with social problems in India	Social Problems <u>Social disorganization</u> <u>Control & planning: poverty, housing, and illiteracy. Food supplies, prostitution, rights of women & children, Government health programs, vulnerable groups, elderly, handicapped minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/AIDS.</u> <u>Social Welfare programmes in India</u> <u>Role of nurse</u>	Lecture Discussion Institutional visits	Essay type Short answers Assessment of visit reports



P. Achardkar

COMMUNITY HEALTH NURSING- I

Placement: Second year (B.B.Sc.Nsg)

Theory - 90 Hours
Practical - 135 Hours

Course Description: This Course is designed for Students to appreciate the principles of promotion and maintenance of health

Specific objectives: At the end of the course students are able to

1. Understand the concepts of community health and community health nursing
2. Appreciate the various factors influencing health in the community
3. Appreciate the concept, scope, uses and methods of epidemiology
4. Understand the epidemiology and nursing management of common communicable diseases.
5. Appreciate the concept and scope of demography
6. Understand the impact of population explosion and population control

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning	Assessment Method
I	4	<ul style="list-style-type: none"> • Describe Concept and dimensions of health 	Introduction <ul style="list-style-type: none"> • Community health nursing • Definition, concept and dimensions of health • <u>Determinants of health</u> • Promotion of health • indicators of health • Maintenance of health 	Method <ul style="list-style-type: none"> • Lecture discussion 	<ul style="list-style-type: none"> • Short answers
II	18	Describe determinants of health & Environment	<u>Determinants of health</u> <ul style="list-style-type: none"> • <u>Eugenics</u> • <u>Physical : Air, light</u> • <u>Environmental factors contributing Health</u> • <u>Ventilation, water, Housing</u> • Sanitation; disposal of waste, disposal of dead bodies, Forestation, Noise, Climate, • <u>Bacterial & Viral: Agents, host carriers and immunity Arthropods and Rodents</u> • Communication; Infrastructure facilities and Linkage • Insect, Rodent & Parasite Control • Noise Control 		



Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning	Assessment Method
VI	6	Describe the concepts And scope of demography Describe methods of data collection, analysis and interpretation of demographic data	Demography <ul style="list-style-type: none"> • Definition, concept and scope • <u>Demography cycle</u> • Methods of data collection, analysis and interpretation of demographic data • <u>Demographic rates and ratios</u> 		Essay type Short answers Objective type Assessment of survey report
VII	17	<ul style="list-style-type: none"> • Identify the impact of population explosion in India • Describe methods of population control 	<u>Population and its control</u> <ul style="list-style-type: none"> • Population explosion, its impact on social, economic development of individual, society and country • <u>Population control:</u> • Overall development: <u>women empowerment,</u> social, economic and educational development • <u>Limiting family size:</u> <ul style="list-style-type: none"> ➤ <u>Promotion of small family norms</u> ➤ Methods: spacing (natural, biological, chemical, mechanical, etc) ➤ Terminal: surgical methods ➤ Emergency contraception 	<ul style="list-style-type: none"> • Lecture discussion • Population survey • Counseling • Demonstration • Practice session • Supervised field practice 	<ul style="list-style-type: none"> • Lecture discussion • Population survey • Counseling • Demonstration • Practice session • Supervised field practice



Achodekar

COMMUNITY HEALTH NURSING – II

(4th yr B.Bsc. Nsg)

Time : Theory – 90 hours
Practical – 135 hours

Course description:

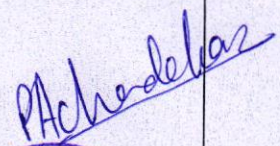
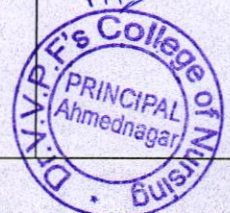
This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural setting by using concept and principles of health and community health nursing

Specific objectives: At the end of the course student will be able to:

1. Understand the concepts, scope, principles and historical development of community health and community health nursing.
2. Appreciate the national health planning, policies, problems.
3. Describe the system of delivery of community health services in rural and urban area.
4. Develop understanding about community health nursing approaches, concepts and roles and responsibilities of nursing personnel.
5. Participate in assisting individuals and groups to promote and maintain their health.
6. Appreciate the national health and family welfare programme and the role of the nurse.
7. Understand the health agencies at the international and national level.

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
I	4	<ul style="list-style-type: none"> • Define Concepts, scope, Principles and historical development of Community Health and Community health Nursing 	Introduction <ul style="list-style-type: none"> • Definition, concept & scope of community health nursing • Historical development of <ul style="list-style-type: none"> □ Community Health □ Community Health Nursing - Pre- Independence - Post – Independence Client's rights-CPA Professional responsibility in community health care Ethical principles Application of ethics in Community health practice Govt. & legal influence on community health nursing practice Law in community health nursing	<ul style="list-style-type: none"> • Lecture discussion 	<ul style="list-style-type: none"> • Essay Type • Short answers

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Roles and responsibilities of Community health nursing personnel in <ul style="list-style-type: none"> □ Family health services □ Information Education Communication (IEC) □ Management information System (MIS): maintenance of Records & Reports □ Training and supervision of various categories of health workers □ National Health Programmes □ Environmental sanitation □ Maternal and child health and family welfare □ Treatment of minor ailments □ School health services □ Occupational health □ Organization of clinics, camps: types, preparation, planning, conduct and evaluation □ Waste management in the center, clinics etc. • Home visit: Concept, Principles, Process, techniques: Bag Technique home visit • Qualities of Community Health Nurse • Job description of Community health nursing personnel 		
V	15	<ul style="list-style-type: none"> • Describe and appreciate the activities of Community health nurse in assisting individuals and groups to promote and maintain their health 	<p><u>Assisting individuals and groups to promote and maintain their health</u></p> <ul style="list-style-type: none"> • Empowerment for self care of individuals, families and groups in – A. Assessment of Self and family <ul style="list-style-type: none"> □ <u>Monitoring growth and development</u> - Mile stones - Weight measurement - Social development 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised field practice 	<ul style="list-style-type: none"> • Essay type • Short answers





Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
	2			<ul style="list-style-type: none"> Directing & Leading: delegation, participatory management <ul style="list-style-type: none"> ➤ Assignments, rotations, delegations ➤ Supervision & guidance ➤ Implement standards, policies, procedures and practices ➤ Staff development & welfare ➤ Maintenance of discipline Controlling/ Evaluation <ul style="list-style-type: none"> ➤ Nursing rounds/ visits, Nursing protocols, Manuals ➤ Quality assurance model, documentation ➤ Records and reports Performance appraisal 		
V	(5) 1 1 1 1 1		<ul style="list-style-type: none"> Describe the concepts, theories and techniques of Organizational behavior and human relations 	Organizational behavior and human relations <ul style="list-style-type: none"> Concepts and theories of organizational behaviors Review of channels of communication Leadership styles, Power, types Review of motivation: concepts and theories Group dynamics Techniques of: <ul style="list-style-type: none"> ➤ Communication and ➤ Interpersonal relationships ➤ Human relations Public relations in context of nursing Relations with professional associations and employee union Collective bargaining 	<ul style="list-style-type: none"> Lecture Discussion Role plays Group games Self assessment Case discussion Practice session 	<ul style="list-style-type: none"> Essay type Short answers Assessment of problem solving
VI	(5) 1 1 1 1	5	Participate in planning and organizing in-service education program	In-service education <ul style="list-style-type: none"> Nature & scope of in-service education program Organization of in-service education Principles of adult learning Planning for in-service education program, techniques, methods, and evaluation of staff education program Preparation of report 	<ul style="list-style-type: none"> Lecture Discussion Plan and conduct an educational session for in-service nursing personnel 	<ul style="list-style-type: none"> Essay type Short answers Assess the planning and conduct of educational session



VII	(10) 1	Describe management of Nursing educational institutions	Management of Nursing educational institutions <ul style="list-style-type: none"> Establishment of nursing educational institution – INC norms and guidelines 	<ul style="list-style-type: none"> Lecture Discussion Role plays Counseling session 	<ul style="list-style-type: none"> Essay type Short answers
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Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
	1			<ul style="list-style-type: none"> Co-ordination with <ul style="list-style-type: none"> Regulatory bodies Accreditation Affiliation – Philosophy/ Objectives, Organization Structure Committees Physical facilities College / School Hostel – Students Selection Admission procedures Guidance and counseling Maintaining discipline- Faculty and staff Selection Recruitment Job description Placement Performance appraisal Development and welfare Budgeting Equipments and supplies: audio visual equipments, laboratory equipments, books, journals etc. Curriculum: Planning, Implementation and Evaluation Clinical facilities Transport facilities Institutional Records, and reports – Administrative, Faculty, Staff and Students. 	<ul style="list-style-type: none"> Group exercises 	
VIII	(10) 4		1) Describe the ethical and legal responsibilities of a professional nurse 2) Explain the Nursing practice standards	Nursing as a Profession <ul style="list-style-type: none"> Nursing as a Profession <ul style="list-style-type: none"> <u>Philosophy; nursing practice</u> Aims and Objectives Characteristics of a professional nurse <u>Regulatory bodies; INC, SNC</u> <u>Acts:- Constitution, functions</u> Current trends and issues in Nursing Professional ethics <ul style="list-style-type: none"> <u>Code of ethics; INC, ICN</u> <u>Code of professional conduct; INC, ICN.</u> 	<ul style="list-style-type: none"> Lecture Discussion Case discussion Panel discussion Role plays Critical incidents Visit to INC/ SNRCs 	<ul style="list-style-type: none"> Short answers Assessment of critical incidents

Achodekar


NURSING FOUNDATION

Placement: Ist Year (PBBSc 1st yr) Time Allotted: Theory : 45 Hrs
Practical : 30 Hrs

COURSE DESCRIPTION :

This course will help students to develop an understanding of the philosophy, objectives and responsibilities of nursing as a profession. The purpose of the course is to orient to the current concepts involved in the practice of nursing and developments in the nursing profession.

OBJECTIVES : At the end of the course, the students will

1. Identify professional aspects of nursing
2. Explain theories of nursing
3. Identify ethical aspects of nursing profession
4. Utilise steps of nursing process
5. Identify the role of the nurse in various levels of health services
6. Appreciate the significance or quality assurance in nursing.
7. Explain current trends in health and nursing

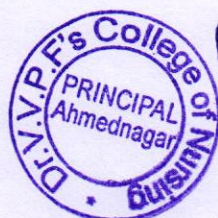
COURSE CONTENTS :

UNIT I - DEVELOPMENT OF NURSING AS A PROFESSION 6 hrs

- Philosophy
- Objectives and responsibilities of a graduate nurse
- Trends influencing nursing practice
- Expanded role of the nurse
- Development of nursing education in India and trends in nursing education
- Professional organizations, career planning
- Code of ethics & professional conduct for nurses.

UNIT II - CONCEPTS OF HEALTH & ILLNESS 12 hrs

- Concepts of health and illness, effects on the person
- Stress and adaptation
- Health care concepts and nursing care concept
- Developmental concepts, needs, roles and problems of the developmental stages of individual – newborn, infant, toddler, pre-adolescent, adolescent, adulthood, middle-age, old age.



NURSING MANAGEMENT

Placement: II year (M.Sc)

Hours of Instruction
Theory 150 Hours
Practical 150 Hours
Total : 300 Hours

Course Description:

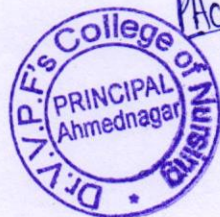
This course is designed to assist students to develop a broad understanding of Principles, concepts, trends and issues related to nursing management. Further, it would provide opportunity to students to understand, appreciate and acquire skills in planning, supervision and management of nursing services at different levels to provide quality nursing service.

Objectives:

At the end of the course, students will be able to:

1. Describe the philosophy and objective of the health care institutions at various levels.
2. Identify trends and issues in nursing.
3. Discuss the public administration, health care administration vis a vis nursing administration.
4. Describe the principles of administration applied to nursing.
5. Explain the organization of health and nursing services at the various levels / institutions.
6. Collaborate and co-ordinate with various agencies by using multisectoral approach.
7. Discuss the planning, supervision and management of nursing workforce for various health care settings.
8. Discuss various collaborative models between nursing education and nursing service to improve the quality of nursing care.
9. Identify and analyse legal and ethical issues in nursing administration.
10. Describe the process of quality assurance in nursing services.
11. Demonstrate leadership in nursing at various levels.

UNIT	HRS	CONTENT
VIII	15	Controlling <ul style="list-style-type: none"> Quality assurance <ul style="list-style-type: none"> Standards Models Nursing audit Performance appraisal : Tools, formats, Management, interviews Supervision and management : concepts and principles Discipline : service rules, self discipline, constructive versus destructive discipline, problem employees, disciplinary proceedings enquiry etc. Application to nursing service and education
IX	15	Fiscal planning <ul style="list-style-type: none"> Steps Plan and non-plan, zero budgeting, mid-term appraisal, capital and revenue Budget estimate, revised estimate, performance budget Audit Cost effectiveness Cost accounting Critical pathways Health care reforms Health economics Budgeting for various units and levels Application to nursing service and education
X	10	Nursing informatics <ul style="list-style-type: none"> Trends General purpose Use of computers in hospital and community Patient record system Nursing records and reports Management information and evaluation system (MIES) E-nursing, Telemedicine, telenursing Electronic medical records
XI	10	Leadership <ul style="list-style-type: none"> Concepts, Types Theories Styles Manager behaviors Leader behaviors Effective leader : Characteristics, skills Group dynamics Power and politics Lobbying Critical thinking and decision making Stress management Application to nursing service and education



SOCIOLOGY

Placement: IInd Year (PBBSc)

Time Allotted: Theory : 60 Hrs

COURSE DESCRIPTION :

This course is to reorient students to sociology related to community of social institutions in India and its relationship with health, illness and nursing.

OBJECTIVES : At the end of the course, the student will

- describe sociological concepts applicable to nursing
- determine role of sociology in nursing as related to social institutes in India.
- Develop positive attitudes towards individual family and community.

COURSE CONTENTS :

UNIT I INTRODUCTION OF SOCIOLOGY TO NURSING

5 hrs

- Behavioural sciences, social sciences, arts and sciences-meaning , fields and scope, their relationship with nursing
- Concepts of social development and indicators of health, role of nurse as a social scientist and change agent in health for all.
- Development of medical sociology – meaning, fields, scope, sociology and nursing methodology of sociology, sociology as science.
- Meaning, definition, scope and significance of sociology, contribution of August Comte, Durkheim, Max Weber, Maciver to the development of sociology. Contribution of Indian sociologists such as Radhakamal Mukherjee, Ghurye, Kapadiah Srinivas.
- Individual and society, their relationship with each other approaches to study their interdependent atomism and holism and contract theory.

UNIT II FUNDAMENTAL CONCEPTS IN SOCIOLOGY

15 hrs

- Concepts its meaning, utility –primary concepts in sociology – institutions, association, organisation-meanings, definitions, functions, comparison
- Groups – types, classification, meanings, definitions, characteristics of primary and secondary groups. Their comparison, ingroup, outgroup, reference group
- Social groups crowds-features, characteristics type, nature, formation of crowd, public, audience as a group, public opinion, nation, race
- Society- development of society from primitive, slavery, feudal, capitalist to complex. Relevance of societal knowledge to health workers.
- Human society and animal society comparison uniqueness of Human society language, adaptation of man to nature, environment, ecology from primitive to modern development with reference to health practices.
- Indian society-its peculiarities – tribal community, rural community and comparison, pachayat raj-doctrin of karma dharma artha and kama, moksa, ashram in traditional hindu society.
- Status and role – type, function, characteristics of status and role, relationship between status and role, doctor's role, nurses role, patients role.
- Concepts of structure and functions – elements definitions-meanings of structure and function, interdependence, social dysfunction causes
- Social system – definition, meanings characteristics, prerequisite of social system, type of social system
- Social stratification – features, significance (or functions) and functional necessities if stratification forms of stratification – caste and class

- Caste system unique feature of Indian social system, nature of caste system, hierarchy, segmental division, restrictions or taboos, civil and religious disabilities, limited choice of occupation, endogamy advantage maintaining partly of genes Dr. G.S. Gurye's contribution
- Class system – division three-upper, middle, lower, features, characteristics Karl Marx's theory of class formation, distinction between class and caste.

UNIT III SOCIAL INSTITUTIONS

10 hrs

- Social institutions – features, functions (role) meanings, definitions-distinction between institutions and community, institutions and association, institutions and society, various social institutions
- Norms as social institutions, meanings, definitions, characteristics, classifications of norms – mores, taboos, customs, folkways, fashion-fads, laws institutionalize
- Marriage as institution, definition, meanings, nature, type, characteristics, forms of marriage, functions of marriage
- Family as institution-meaning definitions, types, characteristics, functions or roles of family a basic unit or group of society
- Family traditional and modern, Indian family, role of women in traditional and modern family, divorce, family problems, problem family.
- Role of family in health, illness and diseases, family and nurse, role of family in the context of women's and children's health in India from girl, marriage, oldage.
- Religion institution, definition, meanings, basic components – a system of beliefs and rituals, ancient and modern concepts. Indian set up religion Hindu, Jain, Buddhism Islam, Christianity.
- Economic as Institution – meanings, definitions stages of economic life- food gathering, pastoral, agricultural, industrial
- Education Institutions – definitions, meanings, functions, roles, history of education and developments
- Politics as institutions – definitions, meanings, functions, roles, changing pattern, emperor, democracy, govt. and role of state in health. Public health.

UNIT IV CULTURE

5 hrs

- Planning-definitions of culture in sociology and anthropological, components, characteristics, origin and development of culture.
- Nature and functions of culture-variability ethnocentrism in culture-culture and health behavior.
- Culture and personality, culture and civilization, cultural lag
- Culture and society, patterns of culture, inventions and discovery

UNIT V SOCIAL INTERACTION

5 hrs

- Social interactions – meanings, factors, influencing interaction, definition, Importance
- Social process – meaning, definitions, co-operation, competition, conflicts, accommodation, assimilation, revolution and war.
- Concepts of social control meaning definition type of social control socialization, religion and sanctions, agencies of social control family, peer groups, schools, neighborhood, communication. Adult socialization, realization.



UNIT VI SOCIAL CHANGE AND PROGRESS**5 hrs**

- Social change, meanings, definitions, factors influencing social change. Causes of social change, theories, type – planned and natural.
- Social change in India
- Dr. M.N. Srinivas's concept of sanskritization, westernization and modernization.
- Education, urbanization, industrialization, development of transportation and communication.
- Factors affecting social change – demographic, technological, agricultural development, economic, cultural, planned change

UNIT VII DISORGANISATION AND SOCIAL PROBLEMS**15 hrs**

- Meaning and definition of organization and disorganization, causes of disorganization, types of disorganization – individual, family, community, effect of disorganization on Individual, family and community
- Disorganization in the Society causes, type of crime, health related problems
- Juvenile delinquency meaning, causes, children act, Government remedial measures and NGO role in the management problem. Child abuse, child labour, related health problems.
- Prostitution – meaning, history, type, causes welfare steps, health related problems.
- Alcohol drug and substance abuse causes history, impact on adolescent, family. Health related problems
- Poverty, unemployment, history causes Remedial measures, Health related problems
- Beggary meaning, causes, history Remedial measures and health related problems.
- Population growth and related problems- population explosion and causes, consequences of rapid growth, remedies to control the growth. Eg. Population education, contraceptive, motivation, women's education
- Visit to available social agency

EVALUATION :

Paper	Subject Sociology	Duration	Internal Assessment	External Assessment	Total Marks
10.	Theory	3	25	75	100

Internal Assessment: 25 Marks

Theory: 15 Marks

Clinical Assignment: 10 Marks

Total: 25 Marks

(Out of 25 Marks to be send to the University)

Internal Assessment (Theory): 15 Marks

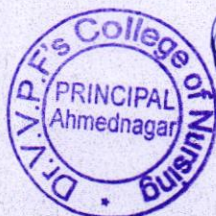
Mid-Term: 50 Marks

Prelim: 75 Marks

Total:

125 Marks

(125 Marks from mid-term & prelim to be converted into 15 Marks)

Clinical Assignments: 10 Marks**External Assessment (Theory): 75 Marks****(University Examination)**

INTRODUCTION TO NURSING EDUCATION

Placement– IInd Year (PBBSc)

Time allotted Theory : 60 hrs
Practical : 75 hrs

COURSE DESCRIPTION :-

This course introduces the students to Principles and concepts of Education, curriculum development and methods and media of teaching. It also describes the step the steps in curriculum development and implementation of educational programme in Nursing.

OBEJCTIVES: At the end of the course, the students will

1. Describe the philosophy and principles of education
2. Describe the process of a nursing curriculum development
3. Explain the teaching learning process
4. Develop the ability to teach, using various methods and media
5. Describe the process of assessment
6. Describe the administrative aspects of school of nursing, College of Nursing
7. Develop basic skills in counseling and guidance
8. Participate in planning and organizing an in-service education programme

COURSE CONTENTS

UNIT I INTRODUCTION TO EDUCATIION

5 hrs.

- Meaning, aims, function and principles
- Philosophy of education
- Factors influencing development of philosophy of Nursing education
- Nursing profession –Definition, concept, importance and characteristics of nursing profession
- Development of nursing education in India before and after independence
- Nursing education programmes in India – Basic, Post Certificate, Degree, post graduation and Ph. D.
- High power committee recommendations for nursing education
- Qualities, role and responsibilities of a nursing teacher

UNIT II NURSING CURRICULUM DEVELOPMENT

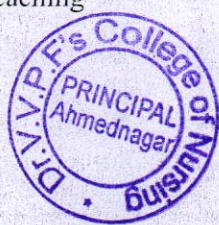
8 hrs.

- Organization of Nursing Curriculum
- Development of Nursing Curriculum.
- Curriculum types
- Curriculum Committee
- Curriculum planning
- Formulating philosophy and objectives.
- Selecting learning experiences and clinical components of nursing education.
- Evaluation of curriculum.

UNIT III TEACHING LEARNING PROCESS

5 hrs.

- Meaning of education, aims, functions and
- principles of teaching



P. Acharya

COMMUNITY HEALTH NURSING

Placement : IInd year (PBBSc)

Time Allotted Theory : 60 Hrs.
Practical : 240 Hrs.

COURSE DESCRIPTION:

The course enables the students to acquire knowledge and understanding of the changing concepts of comprehensive community health nursing practice, the national health care delivery system and to participate in the delivery of community health nursing practice.

This course also broadens the understanding in public health nursing administration, responsibility of nurse for early case finding, health assessment and health education based on principles of primary health care, Nursing process approach and comprehensive nursing care to the individual, family and community.

OBJECTIVES : At the end of the course the student will

- 1) Explain the concept of various factors contributing the health of individual family and community.
- 2) Explain and analyze health need of individual family and community based on factors contributing to health and illness
- 3) Describe national health care delivery system.
- 4) Describes epidemiological methods and principles of prevention and control of illness in the community.
- 5) Study implementation of national programmes and role of CHN in prevention and control of diseases.
- 6) Identify the role of personnel working in the community health setup and appreciate the integrated approach to community health.
- 7) Plan the work of community health nurse and supervise the health workers.
- 8) Study concept of public health administration and role of nurse as manager and supervisor.

COURSE CONTENT :

UNIT I	COMMUNITY HEALTH AND COMMUNITY HEALTH NURSING	8 hrs.
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- Changing concepts of health
- Determinants of health
- Introduction to community health & CH Nursing
- Principles of working in a community.
- Primary health care - concepts and principles.
- Role of nurse in promoting primary health care.
- Health for all - concepts strategy for HFA.
- Community health assessment and diagnosis.

UNIT II	FAMILY HEALTH CARE & SERVICES	10 hrs.
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- Concepts, Objectives scope & Principles of family health services.
- Family as a unit of community health service.
- Factors influencing family health and high-risk families.
- Family Health assessment, Health risk families.



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- Principles and technique of home visits.
- Nursing process in family & community health care. Establishing working relationship with the family.
- Working with families in relation to prevention of disease and promotion of health.
- Care of Sick, & care of physically handicapped and mentally retarded at home
- Family health records.

UNIT III HEALTH ADMINISTRATION IN INDIA.

10 hrs.

- Health care delivery system in India.
- Health planning, National health policy and Five Years plan
- Organization and administration of health services at central, state, district level and Rural Health Services (Panchayati Raj).
- Monitoring and evaluation and health services
- System of medicines.
- Centrally sponsored health schemes.
- Role of voluntary health organization & International Health agencies.
- Health team concept, Public health legislation.
- Community Health Nursing Administration.
- Role of health personnel in community health Practice.
- Training Programmes for various health workers.
- Management and supervision in community health nursing practice.

UNIT IV HEALTH EDUCATION (IEC Information, Education, Communication) 5 hrs.

- Aims, concepts and scope of health education.
- Communication and health education.
- Methods and media for health education in community.
- Planning for health education and role of nurse in I.E.C.
- Central Health Education Bureau.

UNIT V ROLE OF NURSE IN NATIONAL HEALTH PROGRAMMES.

15 hrs.

- Development of community health services in India.
- Major health problem in India.
- National health programme for communicable and Non-communicable disease.
- Maternal and child health programme.
- Nutritional programme.
- Family welfare
- School health Programme.
- Occupational Health Programme.
- Disaster Management.
- As a health team members.
- Records and reports in Community health.

UNIT VI EPIDEMIOLOGY.

7 hrs.

- Epidemiology - Definition, Concepts, aims, objectives and methods and Principles.
- Epidemiology - Theories and Models.
- Application of Epidemiological Principles in community health.
- Monitoring and surveillance.
- Levels of prevention of disease



COMMUNITY HEALTH NURSING-I

Placement : First Year (M.Sc)

Hrs of Instruction:
Theory: 150 Hrs
Practical: 650 Hrs
Total: 800 Hrs

Course Description:

This course is designed to assist students in developing expertise and in-depth understanding in the field of community health nursing. It would help students to appreciate holistic life style of individual, families, groups and develop skills to function as community health nursing specialist/practitioner. It would further enable the students to function as an educator, manager and researcher in the field of community health nursing.

Objective:

At the end of the course the students will be able to:-

1. Appreciate the history and development in the field of Community health and Community Health Nursing.
2. Appreciate the role of individuals and families in promoting health of the Community.
3. Perform physical, developmental and nutritional assessment of individuals, families and groups.
4. Apply the concepts of promotive, preventive, curative and rehabilitative aspects of health while providing care to the people.
5. Apply nursing process approach while providing care to individuals, families, groups and community.
6. Integrate the concepts of family centered nursing approach while providing care to the community.
7. Recognize and participate in the management of emergencies, epidemics and disasters.
8. Apply recent technologies and care modalities while delivering community health nursing care.
9. Appreciate legal and ethical issues pertaining to community health nursing care.
10. Conduct community health nursing care projects.
11. Participate in planning, implementation and evaluation of various national health and family welfare programmes at local, state and national level.
12. Incorporate evidence based nursing practice and identify the areas of research in the community settings.
13. Participate effectively as a member of Community Health team.
14. Coordinate and collaborate with various agencies operating in the community by using inter-sectoral and multi-disciplinary approach.
15. Teach community health nursing to undergraduates, in-service nurses and the community health workers.
16. Demonstrate leadership and managerial abilities in community health nursing practice.

Course Content

Unit	INC Hours	Content
I	10	<p>Introduction</p> <ul style="list-style-type: none"> • Historical development of Community health and community health nursing- World and India, various health and family welfare committees. • Current status , trends and challenges of Community Health nursing. • Health status of the community, Scope of community health nursing practice. • Ethical and legal issues, Socio-cultural issues in Community health nursing • National Policies, plans and programmes: <ul style="list-style-type: none"> - National health policy - National Population policy - National health and welfare programmes - National health goals/indicators/Millennium developmental goals(MDG) /strategies. - Planning process Five years - Plan and Health reports. - National health rural mission.
II	10	<p>Health</p> <ul style="list-style-type: none"> • Concepts, Issues • <u>Determinants</u> • Measurements • Alternate systems for health promotion and management of health problems • <u>Health economics</u> • <u>Health technology</u> • Genetics and health • Waste disposal • Eco system
III	15	<p><u>Population dynamics and control</u></p> <ul style="list-style-type: none"> • Demography • Transition and theories of population • <u>National population policy</u> • National population programmes • Population control and related programmes • Methods of family limiting and spacing • Research, Census, National Family Health Survey



P. Acharya

NURSING FOUNDATIONS

Placement: First year (B.BSc Nsg)

Theory 265 hrs
Practical- 650hrs
(200 lab and 450 Clinical)

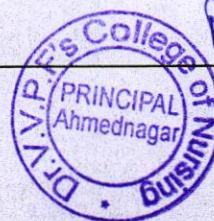
Course Description : This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various supervised clinical settings. It is aimed at helping the students to acquire the knowledge, understanding and skills in techniques of nursing and practice them in supervised clinical setting.

COURSE OBJECTIVEE : At the end of the course students will be able to develop:

- 1) Knowledge on concept of health, health-illness continuum and health care delivery system.
- 2) Knowledge on scope of nursing practice.
- 3) Knowledge on concept, theories and models of nursing practice.
- 4) Desirable attitude to ethics and professional conduct.
- 5) Skill in communicating effectively with patients and families and team members to maintain effective human relations.
- 6) Skill in health assessment and monitoring of patients.
- 7) Skill in carrying out basic nursing care procedures.
- 8) Skill in caring for patients with alterations in body functions.
- 9) Skill in applying steps of nursing process in the care of clients in the hospital and community.
- 10) Skill in applying scientific principles while performing nursing care.
- 11) Skill in documentation.
- 12) Skill in meeting basic psychosocial needs of the clients.
- 13) Knowledge on principles and techniques of infection control.
- 14) Confidence and competence in caring of terminally ill patients.

Theory Hours : 265

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
I	15	<ul style="list-style-type: none"> Describe the concept of health, illness and health care agencies 	<p><u>Introduction</u></p> <ul style="list-style-type: none"> <u>Concept of Health : Health illness continuum</u> Factors influencing health Causes and risk factors for Developing illness. Body defenses: Immunity and immunization Illness and illness Behavior Impact of illness on patient and family Health care services: <u>Health Promotion and Prevention,</u> <u>Primary care , Diagnosis, Treatment, Rehabilitation</u> and Continuing care Health care teams Types of health care agencies: Hospitals: Types, Organization and Functions <u>Heath Promotion and</u> levels of disease Prevention Primary health care and its delivery: role of Nurse 	<ul style="list-style-type: none"> Lecture discussion Visit to health care agencies 	<ul style="list-style-type: none"> Essay type Short answers Objective type
II	20	<ul style="list-style-type: none"> Explain concept and scope of nursing Describe values, code of ethics and professional conduct for nurses in India 	<p><u>Nursing as a profession</u></p> <ul style="list-style-type: none"> <u>Definition and Characteristics of a profession</u> <u>Nursing :-</u> <ul style="list-style-type: none"> <u>Definition , Concepts, philosophy , objectives</u> <u>Characteristics, nature and scope of nursing practice</u> <u>Functions of nurse</u> <u>Qualities of a nurse</u> 	<ul style="list-style-type: none"> Lecture discussion Case discussion Role plays 	<ul style="list-style-type: none"> Essay type Short answers Objective type



Acharya

Unit	Hrs	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> ○ Categories of nursing personnel ○ Nursing as a profession ○ History of Nursing in India • <u>Values : Definition, Types, Values Clarification and values in professional Nursing : Caring and Advocacy</u> • Ethics : <ul style="list-style-type: none"> ○ Definition and Ethical Principal ○ Code of ethics and professional conduct for nurses ○ Consumer rights ○ Patients Bill of rights 		
III	4	<ul style="list-style-type: none"> • Explain the admission and discharge procedure • Performs admission and discharge procedure 	<p>Hospital admission and discharge</p> <ul style="list-style-type: none"> • Admission to the hospital <ul style="list-style-type: none"> ○ Unit and its preparation admission bed ○ Admission procedure ○ Special considerations ○ Medico-legal issues ○ Roles and Responsibilities of the nurse • Discharge from the hospital <ul style="list-style-type: none"> ○ Types: Planned discharge, LAMA and abscond, Referrals and transfers ○ Discharge Planning ○ Discharge procedure ○ Special considerations ○ Medico-legal issues ○ Roles and Responsibilities of the nurse ○ Care of the unit after 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Lab Practice • Supervise clinical practice 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assess skills with check list • Clinical practical examination.

